

## Full-length article

**Effects of adenosine agonist R-phenylisopropyl-adenosine on halothane anesthesia and antinociception in rats<sup>1</sup>**Hai-chun MA<sup>2,4</sup>, Yan-fen WANG<sup>3</sup>, Chun-sheng FENG<sup>2</sup>, Hua ZHAO<sup>4,5</sup>, Shuji DOHI<sup>6</sup>

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**Key words**

adenosine; inhalation anesthesia; analgesia; potassium channels; subarachnoid space; cerebral ventricles

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**Abstract**

**Aim:** To investigate the antinociceptive effect of adenosine agonist R-phenylisopropyl-adenosine (R-PIA) given to conscious rats by intracerebroventricular (ICV) and intrathecal (IT), and identify the effect of R-PIA on minimum alveolar concentration (MAC) of halothane with pretreatment of A<sub>1</sub> receptor antagonist 8-cyclopentyl-1,3-dipropylxanthine (DPCPX) or K<sup>+</sup> channel blocker 4-aminopyridine (4-AP). **Methods:** Sprague-Dawley rats were implanted with 24-gauge stainless steel guide cannula using stereotaxic apparatus and ICV method, and an IT catheter (PE-10, 8.5 cm) was inserted into the lumbar subarachnoid space, while the rats were under pentobarbital anesthesia. After one week of recovery from surgery, rats were randomly assigned to one of the following protocols: MAC of halothane, or tail-flick latency. All measurements were performed after R-PIA (0.8–2.0 μg) microinjection into ICV and IT with or without pretreatment of DPCPX or 4-AP. **Results:** Microinjection of adenosine agonist R-PIA in doses of 0.8–2.0 μg into ICV and IT produced a significant dose- and time-dependent antinociceptive action as reflected by increasing latency times and ICV administration of adenosine agonist R-PIA (0.8 μg) reducing halothane anesthetic requirements (by 29%). The antinociception and reducing halothane requirements effected by adenosine agonist R-PIA was abolished by DPCPX and 4-AP. **Conclusion:** ICV and IT administration of adenosine agonist R-PIA produced an antinociceptive effect in a dose-dependent manner and decreased halothane MAC with painful stimulation through activation of A<sub>1</sub> receptor subtype, and the underlying mechanism involves K<sup>+</sup> channel activation.

**Introduction**

Adenosine, a purine nucleotide, is present in the brain in concentrations sufficient to be important in the regulation of central nervous system (CNS) function<sup>[1]</sup>. The compound adenosine has various modulatory effects in the peripheral and central nervous system, mediated through specific cell-surface associated receptors<sup>[2]</sup>. For example, in addition to the antinociceptive action of adenosine in animal models<sup>[3]</sup>, adenosine is used to treat the symptoms of paroxysmal supraventricular tachycardias, and to produce controlled hypotension during some surgical procedures, and in the diag-

nosis of coronary artery disease<sup>[4]</sup>. The current view is that adenosine receptors of the A<sub>1</sub> subtype are associated with a modulatory effect on pain transmission at brain and spinal cord level. Animal studies have repeatedly demonstrated that adenosine-mediated inhibitory influences presumed nociceptive reflex responses<sup>[5]</sup>. These examinations on rodents have tested acute pain models involving tactile, pressure and heat stimulations. More recently, animal lesion models, presumably reflecting chronic pain, have shown that adenosine analogue can suppress nociceptive behavior both by systemic and intrathecal administration<sup>[6]</sup>. Consequently, there are substantial evidence that adenosine can modulate

nociceptive input. The general thinking about the mechanism of analgesic-anesthetic action of adenosine is that adenosine interacts with G-protein-coupled adenosine receptor and activates  $K^+$  channel in CNS. However the roles of  $K^+$  channel activation by adenosine in the antinociceptive action of adenosine in CNS and spinal cord has not been well demonstrated. Thus, in the present study we investigated whether adenosine agonist R-phenylisopropyl-adenosine (R-PIA) administered through intracerebroventricular (ICV) or intrathecal (IT) methods will produce an antinociceptive effect and enhance the halothane-anesthetized state.

## Materials and methods

**Animal preparation** With approval of the Animal Care and Use Committee of our institution, studies were performed on 70 male Sprague-Dawley rats weighing  $300 \pm 20$  g (9 weeks old). Rats were housed individually in a temperature-controlled ( $21 \pm 1$  °C) room with a 12-h light/dark cycle, and they were given free access to water and food. All experimental measurements were performed between 10:00 AM and 5:00 PM. Each rat was assigned to only one of the following protocols: minimum alveolar concentration (MAC) of halothane ( $n=30$ ), or tail-flick latency (IT injection,  $n=20$ ; ICV injection,  $n=20$ ). Each animal was studied two to four times in an experimental series with an interval of at least 5 d.

**Surgical preparation** For the ICV cannular placement, as previously described by Ma *et al*<sup>[7]</sup>, animals were anesthetized with pentobarbital (50 mg/kg), and positioned in a stereotaxic apparatus (Narishige, Tokyo, Japan). A 24-gauge stainless steel guide cannula was unilaterally implanted 1 mm above the lateral ventricle using the following stereotaxic coordinates: 1.5 mm lateral to the midline, 1.0 mm posterior to bregma, 2.5 mm ventral to dura. The guide cannula was then fixed to the skull with two steel screws and dental cement. The IT catheter was implanted as previously described by Zeng *et al*<sup>[8]</sup>, and animals were placed in a stereotaxic head holder with the head fixed forward. At the site of occipital a midline incision was made till the escape of cerebrospinal fluid. Intrathecal catheter was inserted at a length of 8.5 cm to the lumbar intrathecal level. The catheter's external arm was tunneled subcutaneously to emerge at the neck. After the surgery the rats were allowed to recover for one week before the experiments began. Only animals exhibiting no motor deficits as a result of surgery were used.

**Minimum alveolar concentration measurement** Anesthesia was induced through inhalation of halothane in a transparent container. The rat's trachea was intubated with a 16-

gauge cannula, and the lungs were mechanically ventilated with 1.0% halothane in oxygen and air ( $F_{I}O_2$  0.3–0.5). End-tidal carbon dioxide pressure was maintained at 35 to 40 mmHg. Rectal temperature was continuously monitored and maintained at 37.5 °C with a heating pad. Fifteen minutes after the initiation of halothane anesthesia, saline or 4-aminopyridine (4-AP) 2 mg/kg was injected intraperitoneally, then a 30-gauge stainless steel internal cannula connected to polyethylene tubing was inserted into the guide cannula and positioned 1.0 mm beyond the tip. R-PIA at the dose of 0.8  $\mu$ g, 1.0  $\mu$ g, and 2.0  $\mu$ g, or combined with  $A_1$  antagonist 8-cyclopentyl-1,3-dipropylxanthine (DPCPX) 5.0  $\mu$ g was injected into the lateral cerebral ventricle at a volume of 5.0  $\mu$ L over 90 s using a microinjection pump. Five minutes after the drug or vehicle injection, MAC was determined using the up and down technique<sup>[9]</sup>. Briefly, the administration of halothane was adjusted in steps of 0.1%, and a stable end-tidal concentration for 15 min was obtained before stimulation. Noxious stimulation was applied with a 6-inch hemostat to the middle third of the tail for 60 s at the first ratchet position. The criteria for positive movements included purposeful movements of either the head or the four extremities. When animal had a positive response, the halothane concentration was increased; when there was no response, the concentration was decreased until movement was observed. When the interval was bracketed by positive and negative responses, the midpoint of the interval was then the MAC of halothane. End-tidal gas samples were obtained with an airtight glass syringe through a 26-gauge needle inserted to a tracheal tube during 15 expirations. Halothane concentrations were analyzed using an infrared analyzer (M1025B; Hewlett Packard). Calibration with the standard gas was performed before study. All chemicals were purchased from Sigma Chemical (St Louis, MO, USA).

**Measurements of antinociception** The antinociceptive effect was measured by the tail-flick (TF) latency response. A high-intensity light was focused on the dorsal surface of the rat tail; the time for the rat to move its tail out of the light beam was automatically recorded (Thermal Analgesimeter KN-205E, Natume, Tokyo, Japan). A different patch of the middle one-third portion of the tail was exposed to the light beam on each trial to minimize the risk of tissue damage during the experiment. A cut-off time of 10 s was predetermined, at which time the trial was terminated if no response occurred. TF latency was determined 5, 10, 15, 20, 30, 40, 50, and 60 min after ICV or IT administration of R-PIA (0.8  $\mu$ g, 1.0  $\mu$ g, and 2.0  $\mu$ g), with or without pretreatment of DPCPX 5.0  $\mu$ g or 4-AP 2 mg/kg. Each TF latency data point consisted of a mean of three trials on an individual animal.

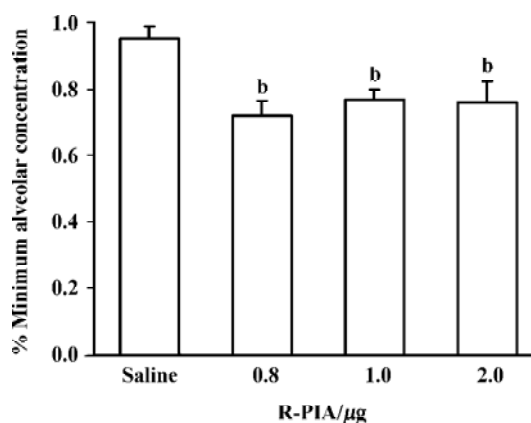
**Histology examination** At the end of the experiments, bromophenol blue (5.0  $\mu\text{L}$ ) was microinjected to label the site of ICV injection. The rat was then killed with an overdose of pentobarbital. The brain was removed and fixed in 10% neutral buffered formalin. Dye spots were localized from 0.3–0.5 mm serial coronal sections and identified on diagrams from the atlas of Paxinos and Watson<sup>[10]</sup>. Bromophenol blue (10  $\mu\text{L}$ ) was used to confirm the position of the intrathecal catheter and likely spread of the injectate.

**Statistical analysis** All data were presented as mean $\pm$ SEM. In MAC measurements statistical testing were performed with a Student's *t*-test. Because a cut-off value was used in the TF latency test, data were converted to the percentages of the maximum possible effect (% MPE). Where % MPE=(postdrug TF latency-baseline TF latency)/(cut-off time-baseline TF latency) $\times$ 100. The cut-off time was defined as a stimulus time of 10 s. For the effect of drugs on TF latency, statistical differences were analyzed using a two-way analysis of variance (ANOVA), followed by Fisher's test for *post hoc* analysis of means.  $P<0.05$  was considered to be statistically significant.

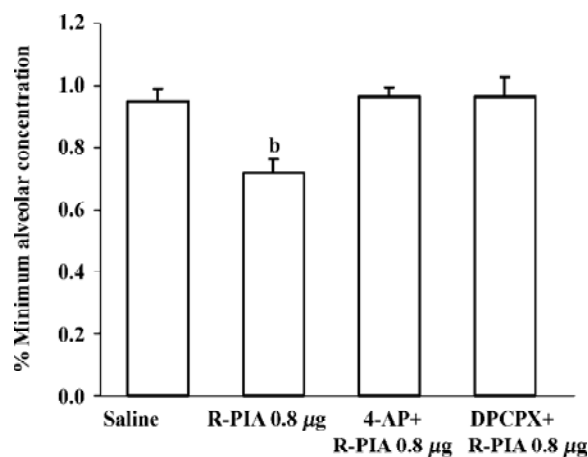
**Results**

**Effect of ICV R-PIA injection on the MAC of halothane with pretreatment 4-AP or DPCPX** The MAC of halothane was significantly reduced by direct application of adenosine agonist R-PIA in doses of 0.8  $\mu\text{g}$ , 1.0  $\mu\text{g}$ , and 2.0  $\mu\text{g}$ . The MAC of halothane in the control group (saline injection) was 0.95% $\pm$ 0.05% (Figure 1), which corresponds with our previously reported MAC values<sup>[9]</sup>. R-PIA 0.8  $\mu\text{g}$  decreased MAC of halothane by 29%. Pretreatment of 4-AP 2 mg/kg intraperitoneal injection or ICV injection DPCPX 5  $\mu\text{g}$  inhibited the effect of R-PIA 0.8  $\mu\text{g}$ , whereas the dose of 4-AP or DPCPX itself did not affect the MAC of halothane (Figure 2).

**ICV and IT administration of R-PIA on antinociception** Time courses were determined for adenosine agonists R-PIA in the TF latency test. IT administration of R-PIA in doses of 0.8–2.0  $\mu\text{g}$  induced antinociception as reflected by the increase in latency times compared with the control animals. The antinociceptive action reached maximal effect within 10 min and lasted over 60 min, and showed a dose-dependent manner (Figure 3). The ICV administration of adenosine agonist R-PIA (0.8–2.0  $\mu\text{g}$ ) produced the antinociceptive effect as reflected by increasing the TF latency (Figure 4). The peak effect of antinociception of R-PIA was within 5 min and showed a dose-dependent manner. The intraperitoneal injection of 4-AP or ICV injection of DPCPX had no effect on the baseline of TF latency, but its pretreatment produced a significant reverse effect elicited



**Figure 1.** Effect of adenosine analogue R-PIA 0.8  $\mu\text{g}$ , 1.0  $\mu\text{g}$ , and 2.0  $\mu\text{g}$  administrated by ICV methods on MAC of halothane. <sup>b</sup> $P<0.05$  vs saline.

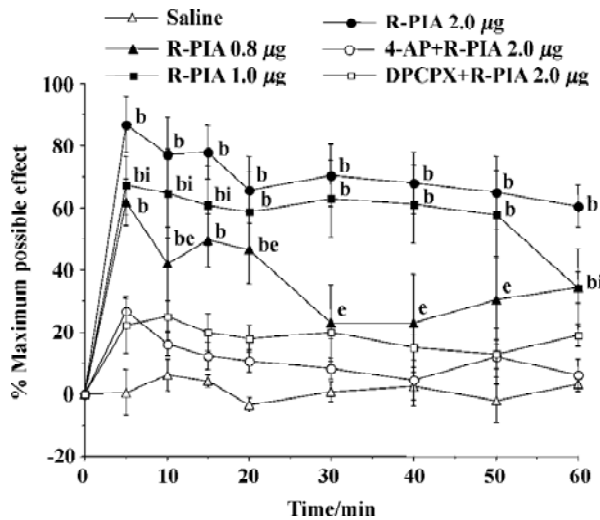


**Figure 2.** Effect of adenosine analogue R-PIA 0.8  $\mu\text{g}$  administrated by ICV methods with pretreatment of  $\text{K}^+$  channel antagonist 4-AP or  $\text{A}_1$  receptor blocker DPCPX on MAC of halothane. Mean $\pm$ SEM from 5 or 7 rats. <sup>b</sup> $P<0.05$  vs saline.

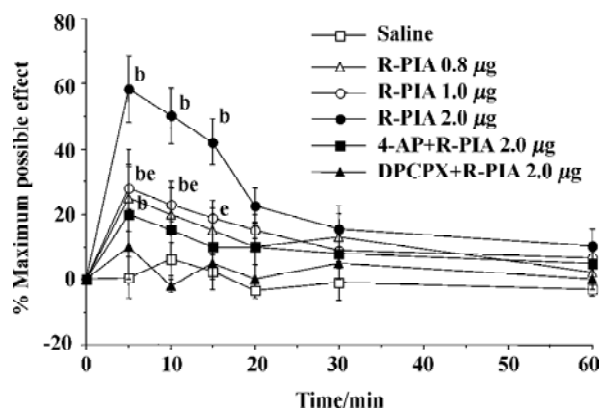
by the ICV or IT administration of R-PIA (Figure 3, 4). The experiment dose of R-PIA did not show any detectable effect on motor function or general behavior during the observation period (60 min).

**Discussion**

The present data demonstrated that adenosine agonist R-PIA injection by ICV and IT, produced antinociceptive effect in a dose-related manner and enhanced halothane anesthesia. Because such effects of R-PIA were attenuated with pretreatment of DPCPX, an  $\text{A}_1$  receptor antagonist, and 4-AP, a voltage-gated  $\text{K}^+$  channel blocker, the action of R-PIA is mediated via  $\text{A}_1$  receptor subtype activation and its



**Figure 3.** Time course of the antinociceptive effect (%MPE) of adenosine analogue R-PIA via IT method with or without pretreatment of A<sub>1</sub> receptor antagonist DPCPX and K<sup>+</sup> channel blocker 4-AP in tail flick tests. Mean±SEM. <sup>b</sup>*P*<0.05 vs saline. <sup>c</sup>*P*<0.05 vs R-PIA (1.0 μg). <sup>i</sup>*P*<0.05 vs R-PIA 2.0 (μg).



**Figure 4.** Time course of the antinociceptive effect (%MPE) of adenosine analogue R-PIA 0.8-2.0 μg via ICV, of rats with or without pretreatment of A<sub>1</sub> receptor antagonist DPCPX and K<sup>+</sup> channel blocker 4-AP in tail flick tests. *n*=5-8. Mean±SEM. <sup>b</sup>*P*<0.05 vs saline. <sup>c</sup>*P*<0.05 vs R-PIA 2.0 μg.

mechanisms are likely to be involved in, at least in part, K<sup>+</sup> channel activation.

Adenosine and its analogues were shown to produce antinociception in the tail flick and hot plate tests following both IT and central administration<sup>[5,6]</sup>. Such antinociception has been diminished by methylxanthines, such as caffeine and theophylline, suggesting the involvement of specific adenosine receptor<sup>[11]</sup>. In the present study, we administered R-PIA through IT method to induce dose-dependent

antinociception. Pretreatment A<sub>1</sub> antagonist DPCPX reversed this effect. The results indicate that R-PIA inhibits nociceptive responses by acting on A<sub>1</sub> receptors. By using selective adenosine agonist on the evoked potential record of the rat spinal cord, the adenosine A<sub>1</sub> receptor agonist obviously inhibited the slow ventral root potential, which is the C-fiber-evoked excitatory response associated with nociceptive information<sup>[2]</sup>. In the present study, ICV administration of R-PIA produced a very short period (15 min) of antinociception. Systemically administered adenosine analogue R-PIA did not affect synaptic neurotransmission in the hippocampus, which are enriched in A<sub>1</sub>-type adenosine receptors, because they failed to reach the appropriate receptors<sup>[11]</sup>. Thus, it is likely with the tail flick test that the site of action of R-PIA is probably at the spinal cord, because ICV injection of R-PIA only produced fewer responses in the tail flick test, although it has previously been reported that activity in the hot-plate test was observed<sup>[12]</sup>. In the hot-plate test, the potential for an additional supraspinal action would need to be considered.

Adenosine modulation of anesthesia has been extensively studied in the past<sup>[13]</sup>. The standard for determining anesthetic requirements is the MAC of an inhaled agent that prevents gross purposeful movement in response to a supramaximal painful stimulus. Because of its simplicity and reproducibility, the MAC concept has remained an important tool for studying anesthetic action. Previous studies have shown that on a halothane anesthetized rat the effect of adenosine in decreasing the halothane MAC was probably related to an adenosine-induced decrease in CNS noradrenergic transmission because noradrenergic neurotransmission was decreased following R-PIA administration in all brain regions<sup>[13]</sup>. The present results provided evidence that into R-PIA injection significantly reduced MAC of halothane by 29%, and this reduction in MAC of halothane was inhibited with pretreatment of A<sub>1</sub> antagonist DPCPX suggests that R-PIA increased the effects of anesthetic suppression was directly mediated A<sub>1</sub> receptor. However, ICV injection of R-PIA also exhibited antinociceptive action, and the relationships between neurotransmitter and adenosine decrease MAC of halothane are not very clear. It is important that the behavioral responses consist of nociception, motor responses and central processing were measured with MAC. We are still unable to dissect which element(s) are affected by the central action of R-PIA.

Agonists of adenosine A<sub>1</sub> receptors (including R-PIA) have activation action on K<sup>+</sup> channels in neurons of the CNS. ATP-sensitive K<sup>+</sup> channel blocker could inhibit the antinociception of adenosine in mice<sup>[14]</sup>. Other responses

induced by adenosine A<sub>1</sub> receptor agonist also appear to be linked to the opening of K<sup>+</sup> channels. Adenosine A<sub>1</sub> receptors in cardiac and vascular muscle cells are coupled to ATP-sensitive K<sup>+</sup> channels<sup>[4]</sup>. In the present study, the effect of R-PIA on reducing the MAC of halothane and antinociception were antagonized by pretreatment with voltage-gated K<sup>+</sup> channel blocker 4-AP. The apparent involvement of voltage-gated K<sup>+</sup> channels in R-PIA-induced effect, as our results suggest, was not unexpected because 4-AP, as a potent voltage-gated K<sup>+</sup> channel blocker, blocks outward conducting potassium channels, thereby lowering the threshold for initiation of action potentials as well as prolonging action potential duration in excitable membrane. In addition, the antinociceptive effect of GABA<sub>B</sub> receptor agonist baclofen and [*D*-ala<sup>2</sup>]-deltorphin II was also antagonized by 4-AP<sup>[15]</sup>. K<sup>+</sup> channel opener could potentiate the analgesic effect of morphine<sup>[16]</sup>, and the spinal antinociceptive action of morphine was caused by the release of adenosine and subsequent activation of adenosine receptors within the spinal cord<sup>[6]</sup>. Taken together, it is possible that adenosine affected the A<sub>1</sub> receptor, resulted in increased K<sup>+</sup> conductance preventing pain signal transmission to produce spinal antinociception and ICV methods reducing the requirement of halothane. Thus voltage-gated K<sup>+</sup> channels play a key role in the R-PIA-induced effect both by IT and ICV administration.

In summary, the results provide implications for the use of adenosine analog in anesthetic settings and pain management. As evidenced from our data, the use of an adenosine analog during painful stimuli and halothane anesthesia profoundly decreased the response to nociception and increased the anesthetic depression through the A<sub>1</sub> receptor subtype, and its mechanisms involves K<sup>+</sup> channel activation. This observation pertains during other forms of volatile anesthesia and other types of pain treatment although definitive conclusions require further investigation.

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